



Hospitals and Institutions

Subcommittee Minutes

December 7th, 2020



The meeting was opened by Danny M. with a moment of silence followed by the serenity prayer.

The 12 Traditions were read by Danny M.

The 12 Concepts were read by Randy D.

H&I attendance gathered by Lyle R.

Members Present:

Danny M., Lyle R., Rachel F., Mike H., Chris M., Linda A., Norman C., Randy D., David F.

November's Minutes – Motion to approve minutes by Randy D. Motion seconded by Rachel F. Minutes approved (7-0-1).

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| REPORTS |
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CHAIR – Danny M. – Present (written report):

Hi family- Hope everyone is well. I did reach out to the Juvenile detention center and they, of course, are not ready to start having meetings yet; and they do not need any literature at this time or anything else for that matter. She let me know that they will let us know when they are ready to open back up. She is hoping it will be in the spring time and may do an orientation in February or March, but she will let us know. I also spoke with the ad-hoc chair to discuss how we will do the review of the questionnaire which we decided to do it in open forum where we will have plenty of time.

That is all I have to report at this time....ILS, Danny

VICE CHAIR REPORT – Rachel F. – Present (written report):

Good evening, Family!

I really have nothing new to report at this time. I just can't wait until we are able to enter facilities and spread knowledge and hope.

In loving service,

Rachel, Vice Chair

SECRETARY REPORT – Lyle R. – Present (written report):

Greetings family,

I was able to get out the newcomer packet & guidelines to our new member in a timely fashion. Subcommittee minutes were dispersed shortly thereafter.

I was able to meet with the Ad-Hoc subcommittee on the Inventory Questionnaire. I recently emailed a summary of responses to the questionnaire to the H&I contact list. We will review it tonight.

On a separate note, I did notice that H&I's Zoom information was not listed on shevana.org's document for meeting information. I will contact Area's PR department about this.

In service,

Lyle R.

LITERATURE COORDINATOR – Chris M. – Present (verbal report):

Nothing new to report. If you guys need anything, hit me up.

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| PANEL REPORTS |
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JAIL (NRADC) PANEL COORDINATOR – Tanyla E. – Absent (written report):

Hello H&I Committee,

I will not be attending. I injured my leg and went to Emergency room yesterday. I'm not feeling good so I will miss meeting tonight.

Tanyla E.

JUVENILE DETENTION CENTER PANEL COORDINATOR – Position Open – (no report):

BEHAVIORAL HEALTH CENTER PANEL COORDINATOR – Mike H. – Present (verbal report):

Nothing new to report.

In loving service... Mike H.

RAPPAHANNOCK SHENANDOAH WARREN DETENTION CENTER PANEL COORDINATOR – Position Open – (no report):

QUESTIONS:

None

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| OPEN FORUM |
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We read from Handbook on page 23 General H&I panel presentations.

Invoke 10th tradition when asked by inmates/clients about outside issues.

Discussion about Ad-Hoc on Inventory Questionnaire. Summary of responses and introductory paragraph written by Norman C. (Not present) and emailed just prior to H&I Subcommittee Meeting.

Summary of responses to each question read by Lyle. The following are points brought up to their corresponding questions.

Question 4

Rachel - Good idea on mentorship to newcomers... I know my position is a learning position. When I first brought meetings into hospital, I felt like I was just jumping in. Could use more information and guidance on going in.

Danny on mentorship, not a bad suggestion. When I joined, for a year or so I was involved with subcommittee and didn't go into facilities until I felt comfortable. When you're ready to go in, go in. Don't feel pressure to go in.

Randy says mentorship thing is nice... the suggestion on shutting members down to only allow to speak once is a violation of our concepts. I know some people conjure up questions to throw people off, but still looking for clarity. Would not shut people down, even though it's understood that motive of question could be coming from a negative place.

We just learned in handbook study, and a lot of these questions can be learned there. Utilize this resource. But many people don't attend. We could probably get some handbooks purchased for more members to have.

Lyle suggests mentorship could be taken by the Panel Coordinator of the facility the new member is looking to serve. Also likes idea of election process where current panel coordinator talks about position, time served, interest in continuing to serve to get a better understanding of status before nominations.

Question 5

Rachel likes having handbook study every other month. Would not like to have it less often.

Danny says the way handbook study takes place we always stop for questions as we go, so the question/answer format suggestion is already included.

Question 6

Linda liked the suggestion to be an observer instead of participant in their first one or two meetings in order to feel better prepared.

Lyle agrees. Rachel agrees.

Randy says he shared his story at his first meeting at the jail to relate to the inmates, but sat back and let old timers run the meeting.

Danny says it's not expected that you know what you're doing when you first go in, so it doesn't seem necessary to add to policy.

Linda says she likes the suggestion. Says we have an approved format from H&I to use at the Jail. And in her experience the newcomers mostly observe in first few meetings.

Question 8

Mike says he hopes and prays that we grow. Diversity point refers to a message coming from many members of the subcommittee, not just the same one time and time again.

Linda likes the suggestion of keeping meeting lists and IPs in stock.

Question 9

Lyle explains the communication part in bringing up ideas during the month by emailing chair or secretary to be sure to include a topic in the next meeting.

Randy would like to bring up visiting other area's subcommittees. Interaction with other areas. Easy to do while these are happening by Zoom. Central Atlantic Region, under each area's website has the meeting info.

Linda asks Randy - does Almost Heaven have an H&I? They have a local service unit for H&I. Part of new service structure.

Lyle asks consensus on taking these suggestions to further discussion, making motions. We decide to review responses and get back to it at next month's subcommittee meeting.

Randy explains this well.

OLD BUSINESS

None

ELECTIONS

NRJDC - No nominations.

RSW - No nominations.

Linda asks who is covering RSW while the position open? Lyle answers that it's Rachel, our Vice Chair.

Linda also brings up good suggestion of current panel members sharing their experience, strength, and hope before nominations. Wonders if we will do this.

NEW BUSINESS

Danny brings up something from handbook study.

To provide order forms and encourage facilities to purchase own literature.

Randy says we used to provide lots of literature and it drained our bank account. Then we found out from a member that worked at Jail that they do have funding for literature.

Suggests composing a letter with order form encouraging facilities to order from NA.org to send to our point of contacts for each facility.

Linda says the handbook contradicts our guidelines in regards to providing literature. Question, don't we have a policy to provide literature to facilities we serve?

Mike in agreement with Linda, as a service we need to supply what we're offering. Only give order forms if they ask.

Randy doesn't think it's contradicting anything. We can send facilities what we supply and here's an order form for supplemental literature.

Lyle emphasizes that we encourage them to order literature as a supplemental thing. We should still provide the basics.

Mike says the points of contacts have ways to get in touch with us if they need literature. We are beating a dead horse at this point.

Randy says literature we take in is for us to use. And we can go head with the letter with order form.

ANNOUNCEMENTS

None

No Facility Scheduling For December 2020

NRADC Women 3rd Wednesday – 7:30pm

NRADC Men 2nd & 4th Wednesday – 7:30pm

Community Corrections Women: 3rd & 4th Monday – 7:00pm

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| NRJDC Tuesday – 6pm | |
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| Behavioral Health Thursday – 6pm | |
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| RSW Men 3rd Thursday – 7:15pm | |
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| RSW Women 1st & 3rd Thursday – 7:15pm | |
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Motion to close by Lyle R. Seconded by Rachel F. Closed with serenity prayer.

Next H&I Subcommittee Meeting: January 4th, 2021 at 7:00 PM via Zoom

Next H&I Handbook Study: February 1st, 2021 at 6:00 PM via Zoom

Minutes from December’s Handbook Study

Pg 40 - Panel Leaders and Members

Discussed dos and don’ts at facilities.

Read rules at NRADC from their application.

Stopped at bottom of pg 41 before “facility guidelines.”

Minutes were e-mailed to each member with email address as listed on distribution below:

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BHU – Behavioral Health Unit
NRJDC – Juvenile Detention Center
NRADC – Northwestern Regional Adult Detention Center
RSW – Rappanock Shenandoah Warren Detention Center